October

GRAB-N-GO LUNCH & BREAKFAST
VARIETY AVAILABLE DAILY

Fresh Fruit Offered Daily

MEAL COST
Students: $2.75 w/milk (all other drinks extra)
Faculty/Staff: $3.50 Visitor: $4.00
Extra Entrée: $1.00/Extra Veggie-Salad-Fruit: $.75
Bottled drinks: $.50 - $1.25

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 Crispitoes w/Chili & Cheese Mexicali Corn Chili Beans Pineapple Chunks Choice of Milk	**2** Chicken Tenders Sweet Potatoes Green Beans WG Roll Applesauce Choice of Milk	**3** Hot Pocket Garden Salad w/Ranch Succotash Orange Wedges WG Cookie Choice of Milk	**4** Cheesy Chicken Casserole Corn Nuggets Garden Salad w/Ranch WG Roll Peach Cobbler Choice of Milk	**5** << HOMECOMING >> Ham & Cheese Sub Sandwich Lettuce/Tomato/Raisins Veggie Dippers w/Ranch Fresh Fruit/Choice of Milk
8 Pancakes (2) w/Syrup & Sausage Patty Hashbrown Casserole Glazed Carrots Baked Apple Crisp 4 oz. Fruit Juice & Choice of Milk	**9** Baked Chicken Creamed Potatoes Baked Carrots WG Cinnamon Roll Apple Slices/Choice of Milk	**10** Macaroni n' Cheese Green Beans/WG Roll Sweet Potato Fluff Strawberry Yogurt Cup Cantaloupe/Grapes/Strawberries Choice of Milk	**11** Ham/Turkey/Bacon/Cheese Sub Choice of Chips Lettuce/Tomato/Onion/Olives Baked Beans Orange Wedges/Milk	**12** Choice of Pizza Garden Salad w/Ranch Steamed Corn/Crackers Fruited Jell-O Choice of Milk
15 	**16** **INSERVICE**	**17** Corn Dog Potatoes/Carrots/Onions Green Beans Chocolate Chip Cookie Choice of Fruit & Milk	**18** Spaghetti Garden Salad w/Ranch Steamed Corn WG Garlic-Butter Breadstick Peaches Choice of Milk	**19** Cheeseburger/Hamburger Lettuce/Tomato/Onion French Fries Baked Beans Mini Rice Krispy Treat Choice of Fresh Fruit & Milk
22 Cheese Stix w/Marinara Sauce Pasta Salad Green Beans Fruited Jell-O Choice of Milk	**23** Meatloaf Creamed Potatoes Black-eyed Peas Cornbread/Turnip Greens Choice Of Fruit & Milk	**24** Bologna & Cheese on Bun Chips & Salsa Broccoli Salad Veggie Dippers w/Ranch Mandarin Oranges Choice of Milk	**25** Chicken Alfredo Garden Salad w/Ranch Steamed Broccoli WG Garlic-Butter Breadstick Peaches Choice of Milk	**26** Chicken Fajita Nachos Sautéed Peppers & Onions Refried Beans Sour Cream/Salsa Choice of Fresh Fruit Choice Of Milk
29 Chili w/Crackers Grilled Cheese Tater Tots Veggie Dippers w/Ranch Choice of Fruit & Milk	**30** Soft Beef Taco w/Shredded Cheese Lettuce/Tomato/Olives/Onions Black Beans over Rice Steamed Corn/Sour Cream Pineapple Chunks Choice of Milk	**31** Stuffed Crust Pizza French Fries Garden Salad w/Ranch Pineapple - Mandarin Orange Cup Vanilla Cake w/Icing Choice of Milk		2018