

October 2018 Grab-N-Go Menu

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
1) Soy Butter & Jelly Sandwich w/String Cheese Cupped Hummus Carrots w/Ranch Grain Chips / Fruit / Milk	2) Make Your Own Pizza Cupped Marinara Sauce Cupped Cheese Corn Salad Broccoli w/Ranch Grain Chips / Fruit / Milk	3) Garden Salad w/Chicken Strips Ranch Dressing Cupped Cheese Grain Chips / Fruit / Milk	4) Grilled Chicken Sandwich / Corn Salad Lettuce & Tomato Broccoli w/Ranch Grain Chips / Fruit / Milk	5) NO GRAB-N-GO TODAY
8) Soy Butter & Jelly Sandwich w/String Cheese Cupped Hummus Carrots w/Ranch Grain Chips / Fruit / Milk	9) Make Your Own Pizza Cupped Marinara Sauce Cupped Cheese Corn Salad Broccoli w/Ranch Grain Chips / Fruit / Milk	10) Garden Salad w/Chicken Strips Ranch Dressing Cupped Cheese Grain Chips / Fruit / Milk	11) Grilled Chicken Sandwich / Corn Salad Lettuce & Tomato Broccoli w/Ranch Grain Chips / Fruit / Milk	12) NO GRAB-N-GO TODAY
15) OUT OF SCHOOL	16) TEACHER IN-SERVICE	17) Garden Salad w/Chicken Strips Ranch Dressing Cupped Cheese Grain Chips / Fruit / Milk	18) Grilled Chicken Sandwich / Corn Salad Lettuce & Tomato Broccoli w/Ranch Grain Chips / Fruit / Milk	19) NO GRAB-N-GO TODAY
22) Soy Butter & Jelly Sandwich w/String Cheese Cupped Hummus Carrots w/Ranch Grain Chips / Fruit / Milk	23) Make Your Own Pizza Cupped Marinara Sauce Cupped Cheese Corn Salad Broccoli w/Ranch Grain Chips / Fruit / Milk	24) Garden Salad w/Chicken Strips Ranch Dressing Cupped Cheese Grain Chips / Fruit / Milk	25) Grilled Chicken Sandwich / Corn Salad Lettuce & Tomato Broccoli w/Ranch Grain Chips / Fruit / Milk	26) NO GRAB-N-GO TODAY
29) Soy Butter & Jelly Sandwich w/String Cheese Cupped Hummus Carrots w/Ranch Grain Chips / Fruit / Milk	30) Make Your Own Pizza Cupped Marinara Sauce Cupped Cheese Corn Salad Broccoli w/Ranch Grain Chips / Fruit / Milk	31) Garden Salad w/Chicken Strips Ranch Dressing Cupped Cheese Grain Chips / Fruit / Milk		

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